



10 TALENT

JESSICA CVITKOVIC
JESSICA@10TALENTMANAGEMENT.COM
416.819.4676

MYROSIA PALMER *She/Her*

ACTRA | SAG-AFTRA | Height: 5'6" | Hair: Dark Brown | Eyes: Dark Brown

FILM/TV (Selected)

The Bell Jar
Forbidden Fruits
The Greatest
The Testaments S1 E04, 05
The Boys S5 E07
Cross S2 E06
Team Up For Excellence - The Film (Short)
Sneakerella
Clash of the Cover Bands
Zoey's Extraordinary Playlist
Trois (Short)
Relationship Goals

Actor
Actor
Actor
Actor/Miriam Dance Double
Chorus Performer/Choir Member
Principal Dancer
Principal
Principal Dancer
Principal Dancer
Chorus Performer
Actor
Actor

Focus Features/ Sarah Polley
MXN Entertainment/ Meredith Alloway
Amazon Studios/ Ben Watkins
Disney+/ Bruce Miller
Amazon Studios/ Eric Kripke
Amazon Studios/ Ben Watkins
Believe Media/ Rémy Martin, Usher
Disney+/ Elizabeth Allen Rosenbaum
E! Networks/ Ryan Goble, Justin Mabardi
Universal, Lionsgate/ Austin Winsberg
Independent/ Redd Coltrane
Amazon Studios/ Linda Mendoza

LIVE PERFORMANCES (Selected)

The Voice Finale S22, 25-26
BET Awards - Baby Keem
Global Citizen Live Festival - JLO
Fashion Cares - Janelle Monae
American Music Awards - Tracee Ellis Ross
Dress My Tour - Toni Braxton
16th Annual Latin Grammy Awards
MTV Awards - Rihanna
America's Got Talent - Jennifer Hudson
Fashion Rocks - Jennifer Hudson
Black Girls Rock
Black is King
BET Awards - Jasmine Sullivan, Mary J. Blige

Principal Dancer/Model
Actor
Flag Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer
Principal Dancer

Hi Hat/Tyrell W./Troy K.
Charm La'Donna
NappyTaps
Scott Fordham
Dacia James
Laurie Ann G./Meagan N.
Jae Blaze
Hi Hat/Tanisha Scott
Fatima/Adrian W./Charm
Fatima/Adrian W./Charm
Fatima/Adrian W./Charm
Jaquel Knogith
Various Choreographers

TOURS

World Tour - Mya
National Tour - Tone Stith
National Tour - Drake
National Tour - Kem

Principal Dancer/Captain
Principal Dancer/Captain
Principal Dancer
Principal Dancer/Captain

Various Choreographers
Adrian Wiltshire/Tia R
Tanisha Scott
Jae Blaze

CHOREOGRAPHY

DJ Cassidy/Slick Rick Las Vegas Residency
Hip Hop Reunion - Lil'Kim

Principal Dancer/Captain
Principal Dancer/Captain

Tanisha Scott/Myrosia Palmer
Corman

MUSIC VIDEOS

List Available Upon Request

COMMERCIALS

List Available Upon Request

EDUCATION AND TRAINING

ACTING

Anthony Gilardi Acting School - Intermediate Scene Study
Carolyn Barry Acting Academy - Commercial Workshop

DANCE

Hip Hop

Kanec, Flii, Jared Jenkins, JR Taylor, George Jones, Eddie Morales, Kai Lin, Marty Kudelka, Amy Allen, Lindsey B & Craig H, Codie Wiggins, Reina Hidalgo, Antboogie/ADubz, Rhapsody, Luam, Tweetie, Future, Lee Daniels, Buddha Stretch, Link EFC, Soraya Lundy
Jae Blaze, Kara Janelle

Dancehall and Afro
Heels
Vogue
Jazz/Jazz Funk

Aisha Francis, Jessica Castro, Danielle Polanco
Eric Sanchez, Karin Tastsoka, Benny Ninja, Danielle Polanco, Javi Ninja
Ian Mackenzie, Derrell Bullok, Shawnette, Dominique Kelly, Luam, Rhapsody,

House
National Ballet of Canada

Kanec, Celia Marta, Sheila Barker, Slam
Ray Basa

York University

Bachelor of Arts in Sociology and Communications

SPECIAL SKILLS

Biking, British Association of Teachers of Dancing, Caribbean Accent (Trinidadian), Flute, Swimming, Ice Skating, Track and Field, Yoga